



SPLASH

Magazine of the River Canoe Club of N.S.W. Incorporated

www.rivercanoeclub.com/

July 2010

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UPCOMING EVENTS:

- AGM
- Tallowa Dam
Flatwater trip
- Canada
- Christmas In
August -
Jinglemoney



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Club Meetings- Normally the first Friday of the month commencing at 8:00 pm promptly, at the Clubhouse: Richardson Crescent, Tempe- opposite Tempe Railway Station. Check calendar as the date and venue can change.

New Members are welcome to come along to our club meetings or beginner paddles; contact Lynn Parker.

Mailing Address:

SPLASH, Newsletter of the RCC of N.S.W.,
c/o 13 Centennial Avenue, Lane Cove,
N.S.W., 2066

Prices for use of RCC Equipment Kayak* Use

Evening club paddle:	\$5
Club event for a single day:	\$30
Weekend club event:	\$50

Price includes the following items:

- boat
- PFD
- spray deck
- paddle

Note: Club policy requires all members to provide their own helmet that fits comfortably and meets relevant standards. Helmets are required for whitewater and surf trips.

Money is payable to the trip leader prior to club event (See note on EFT below). To make a booking for equipment phone the trip contact.

Marquee Use (when not used by club; members only)

\$30 per day

\$50 per weekend

Also payable, a \$200 refundable deposit upon return

To make a booking for the marquee, contact any committee member. Money is payable at the time of pickup (See note on EFT below).

All money will go towards repair and replacement costs of equipment.

*Available for use by RCC members during club events only

Payment via Electronic Funds Transfer: If you wish to pay by EFT, advise the trip contact/committee member. Payments must include surname and reason eg: 'marqueesmith' or 'boatsmith' in the payment comment. RCC account details:

Account Name: River Canoe Club of NSW Bank: St George
BSB: 112 879 Account No: 017455888

Front cover: Shoalhaven!

**Next Splash Deadline:
23rd July 2010**

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A View From the Boat Deck David "The Beautiful Man" Barlow

It has taken a year, but I think I have figured out what the President's role is: meet and greet new folks, sort out problems and keep the committee from killing each other. Sometimes there is paddling but mostly it's about steering the club.

So on that note, it has been a pretty good year. The various convenors – Tim, Tracy, Andrew, Roland and Yoda have done a great job, ably supported by the backroom guys – Lynn, Markus, Monique and Emma.

Thanks to all – may your committeeship be renewed!
Eddie

News and Gossip

New or Returning Members

Roland Handel, Andrew Love and Ian Royds. Well done lads – the first to sign up for the next year!

NEW RCC Website

Roland has a new RCC website up and running. It is much better looking and a lot more user friendly than the old one. Gradually we will build up the content and transfer over old stuff that needs to stay.

Bookmark it, and send Roland any feedback (Roland.handel@workbuddy.net)

Here it is: <http://www.rivercanoecub.com/>

Club Meeting:

The July club meeting will be held at the clubhouse on Friday, 2nd July, at about 7pm. This is the Annual General Meeting and your chance to snare a hotly contested committee position – be there or risk missing out!

Safety Training

Before the last club meeting there was some brief safety training in the clubhouse. The weather that night was terrible which was hopefully the reason for the poor show-up. Anyone paddling whitewater should be competent with a throw bag (owning one does not make you competent!) and should practise this skill regularly. Throw your bag out and recoil it the next time you are sitting by a river waiting for a shuttle to happen.

Penrith Whitewater Stadium News:

PWS will be closed through July and August.

Whitewater Training Days

These sessions will recommence the first Sunday of each month when PWS re-opens in September. Check the calendar for details.

Friday Morning Paddling

Want to try out being in a whitewater boat? Come down to the end of Ferry Road in Glebe at 6am on Fridays for a trial run. Sessions last 2 hours and cost \$15. There are shower and change facilities at the boat shed and you can get a lift to North Sydney station afterwards. **Contact Monique Alfris** on 0439 689 042. This activity is supported by SUCANOE.

Surf Paddling

A great option while Penrith is closed. Keep an eye out for yahoo emails.



Shoalhaven River

Section: Oallen Ford to “A-Spring Creek”

Level: 1.38 Hillview BOM gauge

Team: Kevin, Oli, Jiri, Tim, Markus, Andrew.

Time Taken: 2 (very full) days

The Shoalhaven has been on the cards for so long, but it’s so rarely runnable that this chance could not be missed. For once nature conspired with us for a great weekend of epic paddling. After much negotiating Oli had secured keys for critical access gates the level was dropping nicely, I had just arrived back from Perth and the trip was on.



The shuttle took longer than anticipated after being attacked by a ferocious magpie (amongst some other minor issues) and on the water at 11:30 we were. The flatwater section was a warm up and then onto the more commonly paddled power-lines section. It was bigger and classier than I remembered and my fully loaded boat was handling like an oil tanker – not the nimble creek boat I remembered. When Oli described this section as “grade 2 in comparison to what lay below” the mood changed to “apprehensive”.

Jiri on Rodeo Falls....the easy section (above)

The quality and the size of the rapids can’t be explained - you have to go there. It’s all good. There were rolls, good lines, bad lines, portages a brief swim onto a nearby rock and some great camping and a welcome fire. In the morning we felt we hadn’t made enough distance so we committed to an early start. As we were about to put on to the river we found that a Werner paddle has been split on the previous days paddling. Duct tape and tent pegs kept the paddle together although Markus had to do some creative paddle strokes with no bracing.



Oli seal launches below the waterfall – see dreaded foam pile in background!



We set off at a cracking pace, which only lasted until a unlucky seal launch ended up with a boat and paddle floating off into a big eddy. No problem – except for the foam. The entire eddy was filled with about 3m high of dense pollution foam, and the boat and paddle were somewhere underneath. Paddling into the foam we soon realised that this was a unique but serious situation. You couldn't paddle into as soon as you tried to breath you would end in a fit of coughing and confusion. A walk out was looking like an option. Never before had a kayak been lost in such a flat, safe, yet impossible to access spot of water. Jedi mind tricks paid off where dragging tree branches, ropes, snag lines had failed and Yoda used the Force to spot the boat and paddle and were back on the water.

We portaged the big waterfall and continued on downstream with Oli warning us of the big one that looks like a grade 2 was “somewhere” ahead. We paddled down some great rapids, some apparently with “nothing in them” that left us wide eyed.



Portaging the big waterfall

With our rush to get going before the short days ended we paddled past our preferred get out, had a couple of map conferences then decided to keep paddling until we found a defining feature to identify our position on the map. As daylight was fading we found an unlikely ridge to walk up. We missioned up forever. The ridge was an excruciating exercise in pain and endurance. Walking on compass bearing and following ridge lines after around 4 hours we finally hit a road. Two of us went for a now mid-night run to fetch the car, while the others made an instant petrol driven fire to warm up. Some careful map reading and out of the cold mist the car appeared. Boats on and back to Oallen ford to pick up the other cars that by then had a thick layer of ice on their windscreens. 3:30am and back in Sydney in time for work at 8am..

All up a fantastic trip which was made possible (and even pleasurable at times) by having all the right gear and keeping positive joking till the end.



Below Is Kevin's Summary if you think I have missed something.

Here are some summary points for Splash.

The trip section is only for experienced paddlers as it has lots of grade 3-4 and some grade 5 & 6 that must be portaged. The area is remote and difficult to get out of.



Looking longingly at one we ended up walking

The trip was an epic adventure but it all turned out OK because we:

- were all experienced
- had suitable clothing and paddling equipment plus backup paddles and repair items.
- had first aid kits, rescue gear and training
- looked after the injured and hence they recovered quickly
- rescued people and boats within a relatively short time.
- had a backup plan with the alternative takeout that was sound
- looked after each other and provided guidance
- Made enough jokes and good stories to keep spirits high
- Had extra food if needed
- Had navigation skills, good maps and more than one compass
- We treated the water to make it drinkable and not get sick
- We had headlamps with new batteries

As far as I can remember the sequence of “challenges (incidents)” were:

- Everyone left Sydney late making the car turn around on Friday night virtually impossible
- The key not being left out to open gates.
- The car turn around not able to be started until after 7:15am Sat morning but that was an advantage in the daylight.
- There were problems with one gate
- The road to the takeout had a big tree across it we had to get around
- The road to the planned takeout was partly grown over and eroded away and had not been maintained for a very long time
- The valley was mostly full of fog when we looked down at the planned takeout so it was hard to see the river let alone the rest of the valley
- By the time we completed the car turn around and was ready we started paddling at 11:30am and hence didn't get very far on the first day. Winter days are short.



- A paddle fractured in the back of the blade making back paddling difficult on one side
- There were plenty of rolls especially on one rapid where a pin happened
- There were two swims with one person pinned against a rock and the other forward looped in a waterfall. Boats had were rescued one of them under thick foam from pollution in the river
- There was an injury with the person going into shock and lots of pain. The cold making things worse.



Not even a 4 hour vertical walk out in the dark can break this man!

Portages took time and were sometimes difficult descents

- There was a rapid "with nothing in it" that caused significant chaos of boats sideways and out of control over rocks
- It was cold paddling temperature and the wind came up for a while increasing the chill factor
- We paddled past the takeout point by 3km before we started raising significant concerns. Even at that point no-one was completely confident of our exact location. Some partial recognition of the planned takeout was mentioned before we approached it but the ridges were not clearly defined from river level at times and the leader was certain the takeout was much further down
- We paddled 5km past the planned takeout to our backup takeout before we had clarity of our position.
- We started the climb out at 4:30pm with fully laden boats and wet gear.
- The ridge climb was extremely steep and difficult at times. Darkness soon appeared. It was also a long way up and exhausting effort with the weight.
- We lost a compass on the climb up the ridge
- We had to drag our boats through bush on a compass bearings for about 2.5km and we could not see anything outside of our headlamp lights.
- The cars parked at the start had ice on the windscreens



Annual Reports

President David “Eddie” Barlow

An amazing thing has occurred – RCC has survived a whole year with me as president. Contrary to popular belief, the world didn't end, global warming was a fizzer, no rivers totally ran dry and we all managed to paddle a bit!

Now to the important stuff; the last year has seen some serious water paddled, a number of well organised trips completed and an increase in club members. So – in summation a pretty good year!

Club members participated in trips to the Herbert, New Zealand, a Winter Safari and the Nymboida. Numerous flat water trips and many impromptu “flood runs” were completed! To support all this activity there is a growing contingent of very experienced paddlers who are ably training and helping less experienced paddlers on moving and flat water.

Every time I attend a club meeting – there is always a new member to welcome; this is encouraging and a good sign that the club is moving in the right direction in terms of activities, training and community engagement.

On a serious note – as a club we face some significant challenges in the coming months with relation to our clubhouse lease and our ability to generate sustainable cash flow. Ideas and help are welcome from all members – talk to me or the committee.

Finally – to our committee – it can be a pretty unexciting task in running RCC. It takes time and patience. Something that we can all be short of at times! So a big thank you to each of the office holders – well done!

I was honoured to serve and am nominating for a second term. If my nomination is refused or if I do not get the required votes I will be launching an immediate coup de tat – so vote for me and save everyone a lot of trouble.

See you at a ballot box (or gulag) somewhere soon,
David

Editor: Andrew Love

This year has seen the circulation of Splash skyrocket through the stratosphere, perhaps even through the troposphere – whichever is higher.

“Why this surge in readership?”, our shareholders ask.

The answer comes in 3 parts:

1. Quality
2. Quality
3. Quality

The current editorial team at Splash refuses to compromise on quality! When other media outlets are going more and more tabloid, Splash has maintained it's integrity, and increased sales.

While other media look to sensational stories Splash is practicing in-depth reporting of the things that matter to Australian paddlers.

While other media are skewing more and more towards gimmicks, Splash has stayed true to it's history, and covered breaking stories clearly, concisely, professionally.

Thanks to all the contributors who have made this the biggest and best kayaking magazine in all of Tempe!



Social Secretary: Monique “SMV” Alfris

After a fruitless search for previous SS annual reports to copy I have decided to adopt a brand new format for reporting. Each month's report will contain a synopsis of our central social event – the club meeting (hopefully I remember them all accurately!) – and this will be interspersed with random facts about kayaking. Before I start however – I would like to sincerely thank all those who took time out to present to us – it was much appreciated!

July 2009: AGM

August 2009: Christmas in August

September 2009: Tim talked Safety and the Herbert River, and I do believe we watched Declan's Herbert River video, available [here](#).

Check out the Australian Canoeing whitewater guide and instructor requirements [here](#).

October 2009: The October meeting was cancelled due to the Victorian Safari.

October brought the 2009 World Master's Games to Sydney – with the kayak and canoe events held at our own Penrith Whitewater Stadium. Many club members participated – unfortunately all the links have now died but congratulations to all!

November 2009: This month saw Tim (I think!) show some photos and videos from the Victorian Safari. Tracy also talked a little about our new acquired flatwater boats and some past and upcoming flatwater trips

December 2010: In December fun was had by all – fun-yakking at PWS.

Interesting facts on PWS [here](#) and an aerial view of the course [here](#).

January 2010: No club meeting due to the non-kayak related [festivities](#).

January brought the start of River Canoe Club's 75th year.

February 2010: Monique presented on kayaking in Chile and Andrew presented on the club's trip to New Zealand.

[Footage](#) from the remarkable Futaleufu river.

March 2010: This month was one of the best in the SS' opinion - Holger and Anke Knaack showed films of Club trips from the 70 & 80s. There is nothing quite like seeing Basil in his 70s getup! Not to mention the awesome boats these guys were paddling!

Some forward thinking kayaking from the 1970s [here](#) and a one man folding kayak from the same era [here](#).

April 2010: No club meeting due to Easter Safari.

Not quite a random fact about kayaking, but one of our previous president's became a brand new dad in this month. Gabrielle was born at 6:38pm 16th Apr, with birth weight of 3.58kg and 52cm long. Congratulations Andrew!

Also, the anniversary of Bradt's successful kayak off 57m tall Pelouse Falls in Eastern Washington. More [here](#)

May 2010: Jeff Cottrell from Willow Warriors presented on changes to the Colo River over time - as well as some great video of some of the paddles they've done. There were some particularly awesome shots of the helicopter fly-ins!

Turns out there is more than one type of [Willow Warrior](#)! Anyway, Jeff is the master of online communication – and all are worth a visit. The [website](#), the youtube [site](#) (some great clips actually) and the facebook [page](#).

Also May was the date of the first ever PaddleNSW conference. Well done Lynn for pulling a great event together (facebook page [here](#)!).

June 2010: Our resident sea kayaking adventurer - Gary Roberts - kindly offered to show photos and marine charts of two of his expeditions. The first was a solo paddle across Bass Strait via the popular eastern (Flinders Island) route, which he did in December 2007. The second is one he did in February this year - where he paddled with 6 others across western Bass Strait via King Island.

The first crossing (from Victoria to Tasmania) was done in April 1971 in slalom kayaks by 3 Victorian paddlers (Harris brothers) from a club in Ivanhoe. Then it was done by Cliff Wright and Colin Rose as part of their [Sydney - Hobart paddle](#) in early 1972.

That's all for this year – well done on getting this far!



Webmaster: Roland “Workbuddy” Handel

Over the course of the year, a new RCC website has been created. The new website is located at www.rivercanooclub.com

The site has been designed to allow greater flexibility in managing and making changes to what appears online (although HTML coding is required). Additional content is still required before this site can become the primary website for RCC. In the interim, the existing website (hosted on the PaddleNSW website) is also being maintained.

Activities for the upcoming year:

1. Finalise content for the new website
2. Include an online forum for photos and videos
3. Improve SEO (search engine optimisation) to ensure the public are able to find the site
4. Ensure Calendar and Splash is maintained up-to-date on the site
5. Move the website to a RCC owned server (currently the site is being hosted on Roland's own server. This is no problem, however only allows Roland to make updates)

Costs:

Unless the website moves to a public server, there are no foreseen costs associated with this role.

Flatwater Convenor: Tracy Hudson

It was a very busy year with Flatwater paddling holding a number of day and weekend trips, conducted training days for new members and input into our community through the Marrickville Sport a Month and Wolli Creek Preservation Society. Flatwater activities were also expanded to cover river touring, this being a ‘back to the future’ activity coming from Basil’s thoughts and suggestions.

All this resulted in a very full Club calendar which has helped to attract a number of new members; feedback being received that Rivers are the only club that seems to be doing anything.

Achieving what’s been done has involved many members contributing their time to make the events successful; Gaye Foster being foremost in contributing her time. I have tried to name all who have helped, but if I’ve not noted your input and efforts my apologies.

Trips and activities held have sought to cater for both new and experienced flatwater paddlers, those wanting to develop river touring skills and even offering a starting point for aspiring white water folk by running paddles on low grade moving water. This last activity is especially important as the Club is providing an additional starting point for future white water paddlers.

In summary our trips and activities over the year covered:

- Flatwater day trips – four trips were scheduled covering Upper Middle Harbour ~ Clontarf (October ‘09), Nepean Gorge (November ‘09), Upper Georges River (April ‘10) and Homebush Bay (June ‘10).
- Flatwater and river touring weekends – four weekend trips were held over the year being Tallowa Dam (September ‘09), Weekend at Basil’s (February ‘10), Williams River (February ‘10) and Colo River (May ‘10); with Gaye providing the needed expertise for river touring on the Williams.
- Low grade moving water – these two trips were a notch up from river touring, being low grade moving water, but nevertheless great weekends away with Gaye Foster leading on both the Shoalhaven River (March ‘10), with help from Lynn, George and Tim, and the Little Easter Safari (April ‘10) in the Nymboida area with help from Greg Turner.
- Wolli Creek tours – four tours were run during the year in conjunction with the Wolli Creek Preservation Society (August ‘09, November ‘09, February ‘10 and May ‘10). Matt & Kim, Nell,



Anna, Julie & Patsy, Colin, Dean and Enmore all helped to successfully run these tours. The Club also raised \$800 through this involvement.

- Marrickville Sport a Month – four trips were organized in December '09 by Andrew Bovis and run with help from Dave, Tim, Lynn and Julie.
- Training days – three training days were organized and run by Gaye Foster in October '09, January '10 and May '10.

In addition to Rivers flatwater trips Paddle NSW held four trips which were attended by various Club members – Lower Hawkesbury River (November '09), Refuge Bay (February '10), Nepean Weir to Castlereagh (March '10) and Central Coast (May '10).

As regards our boats, Flatwater was fortunate enough to obtain funding to purchase two Q Kayak Tuis (“I zinck das are gud boots” – as one committee member commented after trialing), repaired the holed fiberglass canoe and river tourer and cleaned up and serviced flatwater boats owned by the Club.

Next year looks like being just as busy, not only with the Club’s 75th anniversary celebrations, but also with a number of trips planned (see the calendar) or in planning. However, to keep the Club going forward by offering trips of interest to members, as well as to attract new members and grow Rivers, help will be needed from experienced Club members, whether it is to guide a trip, help on a low grade moving water trip or to chaperone participants on a Wollie Creek tour.

Whitewater Convenor: Jiri “Yoda” Svec

Handed the responsibility of Whitewater Convenor I was. “Try your best”, said Tim. Do or do not...there is no try, thought I.

Ready was I? What know I of ready? For eight hundred years have I trained paddlers. My own counsel will I keep on who is ready. A Jedi must have the deepest commitment, the most serious mind. This whitewater convenor job a long time have I watched. All my life have I looked away... to the future, to the horizon. Never my mind on where I was. Hmm? What was I doing. Hmph. Adventure. Heh. Excitement. Heh. A Jedi craves not these things. I was reckless.

Size matters not. Look at Tim. Judge him by his willow, do you? Hmm? Hmm. And well you should not. For a Jedi’s ally is the Force, and a powerful ally it is. Life creates it, makes it grow. Its energy surrounds us and binds us. Luminous beings are we, not this crude matter. You must feel the Force around you; here, between you, me, the tree, the rock, everywhere, yes. Even between the land and the boat.

Powerful has RCC become, but the dark side I sense in it. The dark side clouds everything. Impossible to see the future is. Possible it is to see that Whitewater Convenor Yoda will not be next year. Thanks I give to all I paddled with.

May the force be with you.

Treasurer: George “The Manager” Cowan

	2009/2010	2008/2009
Total members	113	83
Life/honorary	6	6
junior	6	5
adult	101	72
Membership income	\$4824.84	\$3409.00

Our balance sheet position is
 Cheque account \$4832.84
 Term deposit \$8530.68
 Petty Cash \$125



Total \$13488.32

We made a surplus for the year of \$2078.83 (note that we did not pay contents and building insurance of \$2576.60 this financial year due to Marrickville Council becoming landlords- see below)

The biggest expenses were the purchase of kayaks to attract and help out new members.

The clubhouse helped pay towards itself with the Wolli Creek Tours being based there, rental from AA meetings and boat storage fees.

The greatest challenge to the Club in the coming year is Marrickville Council deciding to ask for \$3850 p.a. rent.

Secretary: Lynn “Mum” Parker

Another fantastic club year has passed with good water and lots of paddling opportunities. I sit writing this as I hear that Australia has its first female Prime Minister. Will this affect our club?

Technology has relieved the Secretary of much data entry, but I can't say it gets any easier.

As also Secretary of PaddleNSW, I find that my job has become full time, creating opportunities between the Club, the Council, the Department of Communities and PaddleNSW. One thing leads to another.

Membership is exploding.

Total membership is 106 of which 6 are juniors and one is under 12

Females total 32

Social and non - paddling members total 9 and that includes 2 honoree and 2 life members. The other 2 life members are very active paddlers or shuttle bunnies.

We have:

14 Whitewater Instructors and Guides – some with advanced level and others with qualifications in sea kayaking.

3 Canoe Polo officials

1 International Canoe Federation Official

Recreational and non - competitive paddling dominate, although 2 of our polo paddlers successfully represented Australia this year.

The Club participated in the Marrickville Council Sport a Month in December, the Wolli Creek Preservation Society tours and Come and Try days introduces another 50 or 60 people to experience paddling and the river. Some of these people join after their experience.

After Penrith Whitewater Stadium teaches people to paddle our members are always diligent in promoting Club opportunities. But more than not, we really have raised our reputation as the premier whitewater club in NSW and continue to attract people from all over the State (and WA) to join us for the experience.

Affiliation with PaddleNSW in addition to insurance and other resources has brought funding opportunities to assist with training instructors and guides. I was unsuccessful with a grant application to raise the numbers of females participating in the sport, but the Club is hopeful to win a grant from the Local Council to pretty up the Clubhouse. Re affiliation with Australian Canoeing again makes available the training award scheme and safety standards for conducting events.

Many of our members can now call themselves Willow Warriors, especially after assisting with the clearing of all willows in the upper Wingecarribee. We have been rewarded with some wonderful paddling opportunities and at times access to areas otherwise closed to the public.

Members are continuously using equipment while they decide just what boat they would like to buy, whilst other members store the boats at the Clubhouse. Another 2 whitewater boats and 2 flatwater boats have been purchased. Various policies have been approved by the committee for storing boats and member access to the Club and can be found on the website. Content insurance will cover Club boats.



There is good news and bad news when it comes to our Clubhouse lease. The Council has taken over with insuring the building as Council property and taking greater responsibility for repairs but unfortunately have now decided that we should be paying rent. Negotiations are still underway – however we do expect that the Club may be a little worse off.

Plans for the Club 75th Anniversary are gearing up. We can't give too much away – BUT GET READY TO CELEBRATE later in the year.

Safety and Training Convenor: Tim “Doinky” Sindle

The past 12 months has been very successful in the formalising of training within the club – and I can claim responsibility for only a very little for all of this positive change. Highlights include the fact that there are now at least 9 Australian Canoeing qualified White Water Instructors within the club. Much of this has been the result of lots of work on Lynn's(and Ali's) behalf with organisation of Paddle NSW first Professional Development Conference –which was hugely successful. There have been numerous Barrington beginner weekends, and formal Penrith session. The committee has decided that the minimum training should be at least one weekend river trip every two months and a monthly formal training session at Penrith and this will hopefully continue on through 2010/11. I see many trips to the Barrington in our future. Thanks to all the members who have pitched in to help with training including Gaye who has been fostering some new talent from the flat to the moving water.

On the safety front, I believe there is a good culture within the club. No major incidents in the past year but as always too many close calls and these **have** to be reduced. With Penrith so close there is no excuse for not getting some safe training in. “Super Chris” James kindly took 11 RCC members through an excellent Swiftwater Rescue course up on the Barrington and another was planned but was called off as Chris hurt his back. I encourage everyone practise their rescue skills – before you need to use them on the river! Practice regularly, and paddle within your grade - safe paddling!

Vice-President: Emma LeFroy

What a great year 2009-2010 has been for the club. It is exciting to see so many trips run all around Australia (.Victoria, ACT, Tasmania, Queensland) and NZ as well as taking over Penrith each weekend. While some paddlers have really been stepping it up and paddling very impressive rivers, it is great to see that everyone is gaining more awareness and focus on river safety. The club members enjoyed a very successful safety and rescue weekend held by Chris James. It is great to see the growing interest within the club- let's keep up this enthusiasm! There has also been a huge increase in the number of people attending the training days.

It has been a great eye opener for me to join the committee. Thank you to all of the committee for their time and effort into making RCC run smoothly. (Except you Colin!!) They really are amazing and deserve and big thank you, especially Lynn and Eddie. Thanks for having me as 'Vice President'; I am not sure what I actually did! I was very lucky that Eddie didn't hurt himself with all that insane running he does. Thanks for all the great friendships and good memories... Col and I expect lots of visitors in Tasmania next year.

Canoe Polo Convenor: Colin “Cannon” Kinnison

I think it happened.

Calendar of Events

It is expected that all participants in River Canoe Club activities are financial members of RCC. Prospective members are given one trip's grace (a fee of \$10 applies to cover insurance) before they are expected to become members. Any person wishing to paddle on a club white water trip must prove their basic skills ability on flat water first to the satisfaction of the trip leader. Please



inform the trip contact 5 days prior to the trip (or greater) to let him/her know that you are interested. The advertised trip shall be subject to river conditions and the venue may be changed at the discretion of the club or trip contact. No one will be allowed to paddle with the club if they don't have the appropriate safety gear in good repair. If in doubt- ASK. If you have any medical conditions or take medicine on the river, let the trip contact know.

Trip Etiquette If you would like to come on a trip, then please call the trip contact whose name appears in Splash, preferably a week before the trip. This allows the coordinator to organise car sharing, notify you of any changes of rivers, or if no one is interested, cancel the trip. If you would like to hire a club boat, then two weeks notice is normally necessary.

Sundays at Penrith Whitewater Stadium. If you are looking for some regular Grade 3 whitewater action, or your river trip has been cancelled due to lack of rain, then head down to the Penrith Whitewater Stadium with other regular RCC members on weekends. *Contact:* Andrew (andrew191171@hotmail.com)

Subscribe to the Rivers email list to receive up-to-date information regarding impromptu river trips and a trips alert. To subscribe, send an email to Lynn lparker@netspace.net.au. The events and dates listed below are subject to variability, so watch the Yahoo group and the calendar for updates, and keep in touch with the trip contact to keep informed of changes and advise your likely attendance. **Trip contact/organiser must make sure a "float plan" is prepared for each trip** refer to website www.rivercanoeclub.com

Date	Trip	Contact
Friday, 2 July 2010	Club Monthly Meeting – 7.30 at the Clubhouse Annual General Meeting	
Saturday, 17 July 2010	Beyond the Roseville Bridge/Garigal National Park Paddle NSW Recreational Paddle Co-ordinator Tony Carr leads this full day kayak on Sydney's Middle Harbour. We'll launch at Tunks Park in Northbridge and avoid all the nonsense at Spit Bridge. You'll see two historic wrecks at Salt Pan Creek, and then we'll take a break at exquisite Flat Rock Beach. Under the Roseville Bridge and into the Park, where it's peaceful and there's a beaut, sandy strip surrounded by trees where we'll stop for lunch. Full day paddle with lots of highlights. Grade Medium. Full details on the Paddle NSW web site http://www.paddlensw.org.au/recreational.html	Contact: Tony Carr (Paddle NSW), 0417.502.056. tonycarr@ozemail.com.au
July 23 to August 6, 2010	Canadian Whitewater Trip British Columbia – Grade 4 creeks	Contact: Andrew Love, 0424.389.233 andrew191171@hotmail.com
Saturday 31 July & Sunday 1 August 2010	Shoalhaven River: Tallowa Dam to Coolendell <i>This is a good section of river for novice and intermediate whitewater paddlers. Come along and learn some basics or just enjoy the river.</i> The river is characterised by pools and many races, some of which are long and wide, with grade 2 rapids to be negotiated – one just down from the dam and the other when approaching Coolendell. The countryside starts with the bluffs of the Shoalhaven Gorge continuing for the first 8km and then gradually giving way to more open, heavily wooded hilly country.	Contact: Gaye Foster, 0432.266.964 (after 7.00 pm), gayefoster@optusnet.com.au Or Contact Tracy Hudson, 0411.024.088, Tracyhudson01@aol.com



	<p>Details of meeting times, car shuttles, camping spot, etc. will be finalised when numbers are known. Please contact the trip leaders to let us know you are coming.</p>	
<p>Friday, 6 August 2010</p>	<p>Club Monthly Meeting – 7.30 at the Clubhouse</p> <p>Annual General Meeting to start at 8.00 pm sharp, with perhaps a little BBQ beforehand.</p> <p>For full details see News & Gossip.</p>	
<p>Saturday 14 & Sunday 15, August 2010</p>	<p>Christmas in July in August</p> <p>Return to Jingemoney on the Shoalhaven River and celebrate the 75th anniversary of the Club where it all began.</p> <p>Spit roast, Gluwein and all manner of fun activities.</p>	<p>Contact Lynn Parker lparker@netspace.net.au</p>
<p>Saturday, 14 August 2010</p>	<p>Wolli Creek Tour – 9.00 am at the Clubhouse.</p> <p>A leisurely kayaking tour to help the Wolli Creek Preservation Society. Paddle up Wolli Creek with highlights of the creek, its history and ecology being pointed out, alight at the weir for a guided walk up Nannygoat Hill and then return to the clubhouse for coffee and cake! Free to all RCCC members.</p> <p>These tours also help to raise funds for repair and replacement of club equipment so as well as enjoying to tour you are helping to raise funds for Rivers. We'd like to keep them going but cannot do so without club volunteers!</p>	<p>Contact: Tracy Hudson, 0411.024.088, Tracyhudson01@aol.com</p>
<p>Saturday & Sunday, 28 & 29 August 2010</p>	<p>Murrumbidgee River: Childowlah to Jugiong</p> <p><i>This is another river for novice and intermediate whitewater paddlers. Come along and learn some basics or just enjoy the river.</i></p> <p>The river passes first through hilly country for several kilometers, then through more open undulating grazing land. In the first 8km there are grade 2 rapids and several races. After this it is smooth water with an appreciable flow.</p> <p>Details of meeting times, car shuttles, camping spot, etc. will be finalised when numbers are known. Please contact the trip leaders to let us know you are coming.</p>	<p>Contact: Gaye Foster, 0432.266.964 (after 7.00 pm), gayefoster@optusnet.com.au</p> <p>Or</p> <p>Contact Tracy Hudson, 0411.024.088, Tracyhudson01@aol.com</p>
<p>Saturday, 28 August 2010</p>	<p>Chipping Norton Lakes Discovery Paddle</p> <p>Join Trisha Hamilton from Sutherland Shire Canoe Club for an easy day on this fascinating part of the Georges River.</p> <p>Consisting of a picturesque series of lakes and creeks, the area attracts over 50 different species of birds including egrets, pelicans and sacred ibis. We hope to</p>	<p>Contact: Tony Carr (Paddle NSW), 0417.502.056. tonycarr@ozemail.com.au</p>



	<p>see hundreds of bats and ibis at close quarters. There are wonderful, sandy pull in points and thriving stands of casuarina, eucalyptus and angophora. 40 mins from the CBD on the M5. 10am to 3pm. Grade Easy/Medium.</p> <p>Full details on the Paddle NSW web site http://www.paddlensw.org.au/recreational.html</p>	
Friday, 3 September 2010	Club Monthly Meeting – 7.30 at the Clubhouse	
Saturday & Sunday, 11 & 12 September 2010	<p>Tallowa Dam to Fossickers Flat – 9.00 for 9.30 am on the water.</p> <p>This is an overnight flatwater trip suitable for all levels with a leisurely 3~4 hour paddle each day including breaks. Bring all you need in your kayak to camp in a secluded glen beside the river on Saturday night.</p> <p>For those who want to be there in plenty of time, or just want a good time, why not come down and stay in the camping (camping or van hire) area at Kangaroo Valley on Friday night and share a meal and excellent wines at the local pub.</p> <p>Full details in future editions of Splash.</p>	<p>Contact: Tracy Hudson, 0411.024.088, Tracyhudson01@aol.com</p> <p>Or</p> <p>Contact: Gaye Foster, 0432.266.964 (after 7.00 pm), gayefoster@optusnet.com.au</p>
Friday & Sunday, 17 & 20 September 2010	<p>Goobarragandra River: Various Sections: Macs Crossing to Little River</p> <p><i>A trip for advanced intermediates with grade 2 and 3 rapids, and some grade 4's that will have to be portaged.</i></p> <p>Sections include Mac's Crossing to Rock Flat Reserve, Rock Flat Reserve to the Trout Farm Rapid, Trout Farm Rapid to Kell's Lane with the river becoming less difficult the further one progresses from Mac's Crossing.</p> <p>The exact sections to be paddled will be decided on the day depending on the river level and skills of the group.</p> <p>Full details in future editions of Splash.</p>	<p>Contact: Gaye Foster, 0432.266.964 (after 7.00 pm), gayefoster@optusnet.com.au</p> <p>Or</p> <p>Greg Turner, 0416 928 902 greg@waratahlawncare.com.au</p>
Saturday 2 to Sunday 10, October 2010	<p>Victorian Whitewater Safari</p> <p>The best week of paddling of the year!</p> <p>Grades 2 to 5, fantastic camping and poor company.</p>	<p>Contact: Andrew Love, 0424.389.233 andrew191171@hotmail.com</p>
October Long Weekend – Saturday to Monday, 2	<p>Not the Victorian Safari – Barrington Region; Karauh, Moppy, Williams, Little Manning and Barnard Rivers</p> <p><i>The rivers will be grade 1 and 2 and some moving</i></p>	<p>Contact: Gaye Foster, 0432.266.964 (after 7.00 pm), gayefoster@optusnet.com.au</p> <p>Greg Turner,</p>



<p>to 4 October 2010</p>	<p><i>water touring. This is a safari for novice and intermediate whitewater paddlers. Come along and learn some basics or just enjoy the river.</i></p> <p>Don't like the idea of waking up to find it had snowed overnight? The thought of cold snow melt rivers does not appeal? Well this could be the paddling safari for you!</p> <p>There are a number of rivers in the Barrington region and on this safari we'll aim to move away from the more commonly paddled Barrington and onto some other less paddled rivers.</p> <p>The exact sections to be paddled will be decided on the day depending on the river levels and skills of the group.</p> <p>Full details in future editions of Splash.</p>	<p>0416 928 902 greg@waratahlawncare.com.au</p> <p>Or</p> <p>Contact Tracy Hudson, 0411.024.088, Tracyhudson01@aol.com</p>
<p>Wed, 6 October 2010</p>	<p>Mid Week Paddle at the Clubhouse – On the water 6.15 & off by 7.15 pm</p> <p>Departing the Clubhouse at 6.15 – come along for a fitness paddle or just a social and informal paddle. Depending on the night a BBQ will be held from time to time after the paddle. Club boats can be hired on the night for \$5.</p>	<p>Contact: Nell Graham 0402.267.246 nellaham@ozemail.com.au</p>
<p>Wed, 20 October 2010</p>	<p>Mid Week Paddle at the Clubhouse – On the water 6.15 & off by 7.15 pm</p> <p>Departing the Clubhouse at 6.15 – come along for a fitness paddle or just a social and informal paddle. Depending on the night a BBQ will be held from time to time after the paddle. Club boats can be hired on the night for \$5.</p>	<p>Volunteer needed!!!</p> <p>Contact Tracy Hudson, 0411.024.088, Tracyhudson01@aol.com</p>
<p>Saturday & Sunday, 23 & 24 October 2010</p>	<p>Myall Lakes</p> <p>The Myall Lakes National Park encompasses the largest coastal lake system in NSW. The waterway consists of three connected lakes and there is also the Myall River which flows from Bulahdelah into the Broadwater and then to Tea Gardens.</p> <p>Possible trips are:</p> <ul style="list-style-type: none"> • Myall River (Upper) from Bulahdelah to Mungos Brush on Saturday and touring the lake on Sunday, or • Myall River (Lower) from Mungos Brush to Tea Gardens on Saturday and then around Port Stephens or outside on Sunday. <p>Then there are various trips around the lake system itself.</p> <p>The areas to be paddled will be decided on the day depending on the weather conditions and skills of the group.</p>	<p>Contact Tracy Hudson, 0411.024.088, Tracyhudson01@aol.com</p> <p>Or Contact: Gaye Foster, 0432.266.964 (after 7.00 pm), gayefoster@optusnet.com.au</p>



	Full details in future editions of Splash.	
Wed, 3 November 2010	<p>Mid Week Paddle at the Clubhouse – On the water 6.30 & off by 7.30 pm</p> <p>Departing the Clubhouse at 6.15 – come along for a fitness paddle or just a social and informal paddle. Depending on the night a BBQ will be held from time to time after the paddle. Club boats can be hired on the night for \$5.</p>	<p>Contact: Nell Graham 0402.267.246 nellaham@ozemail.com.au</p>
Friday, 5 November 2010	<p>Club Monthly Meeting – 7.30 at the Clubhouse</p>	
Saturday, 6 November 2010	<p>Wolli Creek Tour – 8.00 am at the Clubhouse.</p> <p>A leisurely kayaking tour to help the Wolli Creek Preservation Society. Paddle up Wolli Creek with highlights of the creek, its history and ecology being pointed out, alight at the weir for a guided walk up Nannygoat Hill and then return to the clubhouse for coffee and cake! Free to all RCCC members.</p> <p>These tours also help to raise funds for repair and replacement of club equipment so as well as enjoying to tour you are helping to raise funds for Rivers. We'd like to keep them going but cannot do so without club volunteers!</p>	<p>Contact: Tracy Hudson, 0411.024.088, Tracyhudson01@aol.com</p>
Saturday & Sunday, 13 & 14 November 2010	<p>Wingecarribee River: Berrima to Medway</p> <p><i>A trip for advanced intermediates with grade 2 and 3 rapids, including some that may have to be portaged.</i></p> <p>This is a weekend trip that is close to Sydney and easy to get to so there is no excuse for not coming along and enjoying the river.</p> <p>Full details in future editions of Splash.</p>	<p>Contact: Gaye Foster, 0432.266.964 (after 7.00 pm), gayefoster@optusnet.com.au</p> <p>Or</p> <p>Greg Turner, 0416 928 902 greg@waratahlawncare.com.au</p>
Wed, 17 November 2010	<p>Mid Week Paddle at the Clubhouse – On the water 6.30 & off by 7.30 pm</p> <p>Departing the Clubhouse at 6.15 – come along for a fitness paddle or just a social and informal paddle. Depending on the night a BBQ will be held from time to time after the paddle. Club boats can be hired on the night for \$5.</p>	<p>Contact: Nell Graham 0402.267.246 nellaham@ozemail.com.au</p>
Saturday & Sunday, 20 & 21 November 2010	<p>Jervis Bay & Environs</p> <p>Gaye recons she can even get Richard Schultz to make an appearance and show us around his paddling playground.</p> <p>We could paddle on Jervis Bay, on Wollumboula Lake or Sussex Inlet.</p>	<p>Contact: Gaye Foster, 0432.266.964 (after 7.00 pm), gayefoster@optusnet.com.au</p> <p>Or</p> <p>Contact Tracy Hudson, 0411.024.088,</p>



	<p>The exact areas to be paddled will be decided on the day depending on the weather conditions and skills of the group.</p> <p>Full details in future editions of Splash.</p>	Tracyhudson01@aol.com
<p>Wed, 31 November 2010</p>	<p>Mid Week Paddle at the Clubhouse – On the water 6.30 & off by 7.30 pm</p> <p>Departing the Clubhouse at 6.15 – come along for a fitness paddle or just a social and informal paddle. Depending on the night a BBQ will be held from time to time after the paddle. Club boats can be hired on the night for \$5.</p>	<p>Contact: Nell Graham 0402.267.246 nellaham@ozemail.com.au</p>
<p>December 2010 (depending on dam release)</p>	<p>Wollondidily River: River Island to Goodmans Ford</p> <p>Full details in future editions of Splash.</p>	<p>Contact: Gaye Foster, 0432.266.964 (after 7.00 pm), gayefoster@optusnet.com.au</p> <p>Or</p> <p>Greg Turner, 0416 928 902 greg@waratahlawncare.com.au</p>
<p>Wed, 15 December 2010</p>	<p>Mid Week Paddle at the Clubhouse – On the water 6.30 & off by 7.30 pm</p> <p>Departing the Clubhouse at 6.15 – come along for a fitness paddle or just a social and informal paddle. Depending on the night a BBQ will be held from time to time after the paddle. Club boats can be hired on the night for \$5.</p>	<p>Contact: Nell Graham 0402.267.246 nellaham@ozemail.com.au</p>

NB: Because of the unpredictability of the river levels most whitewater trips are organised over the Yahoo Group; if you're not on this group contact Lynn Parker via email and she will include you. lparker@netspace.net.com.au

